

Dear Parents,

Our first parenting discussion this year will be held on the morning of Friday November 19 between 8:30-9:15. Drop in for coffee (no need to be right on time or stay the whole time) and a conversation. This month's topic will be Positive Time Outs (based on the work of Jane Nelson and others)

- Are you using a time out system to discipline your child?
- Is it working?
- Do you feel that time outs at your house are positive learning experiences?
- What are some features of positive time outs?
- What else (besides time outs) might work?

We'll also talk about topics you'd like to include in future meetings.

Hope you'll join the discussion!

PS

We will have a sign up form in the welcome room. Although you don't have to sign up to come, letting us know your plans will help assure we have chairs and food for all!

Also – it's always ok to have a child with you. Yes, it can be distracting for you, but we always manage!