

Getting Ready for the Holiday Season
Wednesday November 9
8:00 pm (end of the Board meeting)

We will continue to share parenting strategies, with a focus and open discussion on the many ways in which the holiday season can add elements of stress for children and adults alike. Topics will definitely include:

- ⌘ Changes in routine and schedules
- ⌘ Travel and family visits
- ⌘ Differences in the parenting styles and expectations that family members have of the youngest children during family gatherings
- ⌘ Anticipating challenges and offering children a positive and productive role

If participants are interested and we have time we might also include some conversations about:

- ⌘ Consumerism
- ⌘ Gift giving, features of good toys at various ages, making developmentally appropriate choices, etc.

Hope you can come!