

Learning Circle Preschool

Outline for Extended Day

11:45-noon TRANSITION TO EXTENDED DAY

Children are escorted to the extended day room and preparations for lunch are made (bringing lunch in from cubbies, washing up, setting the tables).

Noon-12: 30 LUNCH

Each child has time to eat lunch in a relaxed manner, and, when finished, clears his or her space and moves to the carpet to begin rest time, choosing a book to look at and beginning to use quiet voices.

12:30-1:15 REST/QUIET TIME

A relaxing mood is set through quiet voices, relaxation exercises, and individual mats for each child. Those children who are unable to sleep are encouraged to quietly look at books.

1:15-1:30 PLANNING MEETING

Children discuss afternoon plans and choices with teachers in order to plan for their afternoon time.

1:30-2:10 ACTIVITY PERIOD

After making choices for beginning places to play at the close of quiet time, children explore the various centers and materials in the classroom. The play period ends with a group clean up and preparation for outdoor play.

2:10-2:40 OUTDOOR PLAY

2:40-pick-up Children gather on the carpet to relax, share thoughts. Puzzles may then be taken out and the round table used for drawing until children are called for.

Please note that children are toileted throughout the school day, as needed.